

Connect Group notes - Week 5

Welcome - Ask people what they did bank holiday Monday or what's their favourite bank holiday activity?

Word - This week we are reviewing the last series, Live your best life.

The themes we were challenged with were....

Choose well

Don't compare yourself to others

Be vulnerable

Be faithful

Love beyond yourself

- Which of these impacted you the most and why?

This week we were challenged with how to put these truths into practice in our lives.

Read Philippians 2 v. 12-16

The promise here is that we will shine like stars, we will live our best lives!

BUT it also says we need to "work out what God is working in".

Calories in need balancing with Calories out!

- Why is it difficult to apply the truth we hear at times?
- Why is so much lost between the hearing and the doing?
- What have you learned or discovered about how to work out what God is working in? Look at the points brought out on Sunday and ask which of these applies the most to you right now....what are you doing about it?
- Apply what you're learning
- Use what you've been given
- Hold yourself accountable to someone
- Put yourself in 'thin' places

Finish by praying for one another.

Remind the group that we start a new series called 'Habitudes' on June 2nd which will follow on from this theme.

Remind the group the next Encounter is Tuesday June 4th at 7.45PM